

School Meals Menu

Themes	Options	Week 1	Week 2	Week 3
Vegetarian Day Monday 	Option 1	Beef Bolognese Pasta Bake G	Selection of Burgers in Buns G (Chicken/ Beef/Vegetable) Ve	Margarita Pizza 50/50 V D G
	Option 2	Cheese Omelette V D		Vegetable Nuggets Ve
	Starchy Foods/ Vegetables	Jacket Wedges/Homemade Garlic Bread Peas Homemade Coleslaw	French Fries BBQ Baked Beans Sweetcorn	Herby Diced Potatoes Green Beans Homemade Coleslaw
	Dessert	Banana Muffins D G	Double Chocolate Muffins D G	Blueberry Muffin D G
Around the World Tuesday 	Option 1	Sweet Chilli Chicken	Minced Beef and Bean Fajitas D G	Chicken Curry and Naan Bread G
	Option 2	Vegetable Spring Roll & Sweet Chilli Sauce V	Quorn Fillets with Cajun Spice V	Lentil and Sweet Potato Curry Ve
	Starchy Foods/ Vegetables	Noodles/Boiled Rice Green Beans Sweetcorn	Jacket Wedges Mixed Vegetables Homemade Coleslaw	50/50 Rice/Bombay Potatoes Peas Green Vegetable Medley
	Dessert	Angel Delight	Homemade Fruit Cheesecake D G	Cherry Shortcake G
Traditional Roast Wednesday 	Option 1	Sausages/Yorkshire Pudding/Gravy D G	Roast Chicken/Stuffing/Gravy G	Roast Gammon Ham/Stuffing/Gravy G
	Option 2	Vegetable Sausages Ve	Spinach and Red Pepper Frittata V D	Cheese Flan V D
	Starchy Foods/ Vegetables	Skin On Roast Potatoes Garlic Carrots/Broccoli	Skin On Roast Potatoes Boiled Carrots/Savoy Cabbage	Skin On Roast Potatoes Carrots/Cauliflower
	Dessert	Summer Fruit Sponge and Custard D G	Oaty Apple Crumble with Custard D G	Chocolate Sponge with Chocolate Sauce D G
Fish Thursday 	Option 1	Battered Fish G	Fish Fingers x 3 G	Jumbo Fish Cakes/Salmon Fish Cakes G
	Option 2	Vegan Sausage in a Bun Ve	Quorn Nuggets Ve	Vegan Sausage Rolls Ve
	Starchy Foods/ Vegetables	Chunky Chips Peas/Baked Beans	Seasoned Wedges Peas/Baked Beans	Skin on Fries Baked Beans/Mushy Peas
	Dessert	Lemon Drizzle Cake G	Lemon and Sultana Cookies G	Apple Flapjack and Milkshake D
Friday 	Option 1	Breakfast Baps	Breakfast Baps	Breakfast Baps

Salad Bar - Lettuce, Cucumber, Tomato, Coleslaw, Sweetcorn & Mix Compound Salad (Served Daily)

Served Daily – Jacket Potatoes with Tuna or Cheese or Beans Fillings

Vegan Jelly and Fresh Fruit/Organic Yeo Yoghurts (Served Daily)

50/50 = Wholemeal & White

G = contains gluten

D = contains dairy

V = vegetarian

Ve = vegan