Greys Education Centre
Aspirational • Collaborating

School Meals Menu

Themes	Options	Week 1	Week 2	Week 3
Monday	**Option 1**	Cheese & Tomato Pasta Penne D G	Cheese Pasta Bake D G	Pepperoni or Margarita Pizza D G
	Option 2	Sausage Rolls G	Sauage Rolls G	
	Starchy Foods/ Vegetables	Seasoned Wedges Mixed Vegetables Homemade Coleslaw	Mini Potato Waffles Baked Beans Peas	Seasoned Wedges Diced Carrots & Peas Homemade Coleslaw
	Dessert	Maryland Cookies D G	Cherry Shortcake G	Banana & Choc Drop Cupcakes D G
Tuesday	**Option 1**	Spicy Cajun Chicken	Spicy Chicken Curry	Chilli Con Carne
	Option 2	Jacket Potato with Cheese/Beans D	Jacket Potato with Cheese/Beans D	Jacket Potato with Cheese/Beans D
	Starchy Foods/ Vegetables	Seasoned Wedges Coleslaw Sliced Green Beans	Boiled Rice Naan Bread G Cauliflower /Sweetcorn	50/50 Boiled Rice Mixed Vegetable / Coleslaw
	Dessert	Tray Bake D G	Lemon Drizzle Cake G	Vanilla Cake G
Wednesday	**Option 1**	Roast Chicken/Stuffing/Gravy G	Sausages/Yorkshire Pudding/Gravy D G	Roast Chicken Breast/Stuffing/ /Gravy G
	Option 2	Jacket Potato with Cheese /Beans D	Vegetable Sausages Ve	Jacket Potato with Cheese/Beans D
	Starchy Foods/ Vegetables	Roast Potatoes Garlic Carrots/Cauliflower	Roast Potatoes Boiled Carrots/Brocolli	Roast Potatoes Carrots/Savoy Cabbage
	Dessert	Oaty Apple Crumble & Custard D G	Chocolate Sponge & Chocolate Sauce D G	Apple Cake & Custard D G
Thursday	**Option 1**	100% Beefburger in a Bun G* for bun only	Meatballs with Tomato Sauce	Sausage Rolls and Gravy G
	Option 2	1/4lb Vegetable Burger in a Bun V D G* for bun only	Jacket Potato with Cheese /Beans	Cheese & Bean Bake D
	Starchy Foods/ Vegetables	Seasoned Wedges D G Sweetcorn & Peas	Wholewheat Pasta G Garlic Bread G Green Beans & Sweetcorn	Baked Mid Potatoes Baby Carrots/Brocolli
	Dessert	Raspberry Muffins D G	Cheesecake D G	Chocolate Krispie Cakes D G
Friday	**Option 1**	Filled Baguette/Crisps/Fruit	Filled Wrap/Crisps/Fruit	Filled Baguette/Crisps/Fruit

Salad Pots - (Served Daily)

G = contains gluten ***D = contains dairy*** ***V = vegetarian*** ***Ve = vegan***

Article 24: You have the right to the best health care possible, safe water to drink, nutritious food, a clean and safe environment, and information to stay well.